

East Midlands Primary Wellbeing Conference 2017

'Putting Wellbeing at the Heart of Education'



'The conference was so inspiring and a great chance to reflect on our schools practice' (Previous delegate)

Conference Summary

Following the success of our last 2 years of Behaviour and Wellbeing Conferences, NETS Training has organised the 3rd Primary Wellbeing Conference in partnership with EPIC Psychology and Wellbeing Service, Leicestershire County Council and SLE's from Teaching School Alliances.

Children and staff in schools today face significant pressure. Whether it's academic, social, financial or domestic pressure this can take its toll on individuals and become a significant barrier to learning. It is crucial that schools find ways to support their communities to be healthy, happy and to have the best chance of succeeding. Our schools and partners have been working together to create a conference which identifies practical research informed solutions for schools to best support pupil and staff wellbeing. We are delighted to welcome **Dr Margot Sunderland** as our lead Keynote speaker as well as school and sector based experts who will share their expertise throughout our workshop programme.

Suitable For:

Headteachers, Senior Leaders, SENDCos, Children's services staff, Specialist Services staff, Teachers, Academics,



**Candleby Lane
Teaching School**

Key Note Speakers

Dr Margot Sunderland

Ed Freitas Echo Events

Venue

**Yew Lodge Hotel
Packington Hill
Kegworth
Derby
DE74 2DF**

Date

Thursday 25th May 2017

Time

9:15am – 4.00pm

Price

£100 TSA Delegate

£125 Non TSA Delegates

How to book

Bookwhen.com/affinitytsa

Please use our online booking system to secure your place.

Should your school name currently not appear as an option, contact our office directly on (0116) 3184066 to provide school details ahead of your booking. Thank you.

#wellbeingmatters



Key Note Speakers

Dr Margot Sunderland – *The Centre for Child Mental Health*

Dr Margot Sunderland is the Director of Education and Training at The Centre for Child Mental Health, London, Honorary Visiting Fellow at London Metropolitan University, Associate Member of the Royal College of Medicine, and Child Psychotherapist with over thirty years' experience of working with children and families. She is the author of over twenty books in the field of child mental health, which collectively have been translated into eighteen languages and published in twenty-four countries. Her internationally acclaimed book, "The Science of Parenting" (Dorling Kindersley) www.dorlingkindersley.co.uk won First Prize in the British Medical Association Medical Book award 2007 Popular Medicine section. (Paperback version entitled "What Every Parent Needs to Know").

The book, endorsed by one of the world's leading affective neuroscientists, Professor Jaak Panksepp, is the result of ten years' research on the long-term effects of adult-child interaction on the developing brain. Dr Sunderland has two doctorates, one in child psychotherapy, thesis entitled "The Application of Art and Science to the Psychotherapy Treatment of Children." Dr Sunderland will be speaking on the topic of '**Frightened to love: Working with attachment issues and attachment disorders in children and young people**' a talk which has been selected by schools involved in leading our conference and a topic that is very pertinent for schools.

Ed Freitas – *International Musician and Performer*

Known for his relentless energy and passion for music, Ed's personality and approach is infectious, inspiring and motivating. These attributes together with his skillset as a multi-instrumentalist have led him to work globally in numerous facets of the industry, most notably as an independent artist, session artist, clinician, facilitator, presenting masterclasses and performing with his unique 'circular' signature rig. Ed will share with the group his passion for music as a tool to create a sense of group wellbeing in his interactive and engaging session.

Conference Workshops

- The role of support staff in raising pupil wellbeing
- Multi Academy Trust Approaches to Wellbeing Improvement
- The significant role of speech and language therapists to improve pupil wellbeing
- Emotion Coaching
- Approaches to reduce pupil anxiety
- Emotional regulation through play
- Issues with Autism in Girls
- Plus much more.....

Key Benefits

Learn from Experts

Gain a better understanding of the role that wellbeing plays in schools

Discover practical strategies for supporting improved wellbeing in school

Hear evidenced based accounts of how to improve pupil outcomes by providing specialist support

How to Book

Bookwhen.com/affinitytsa

Email:
info@affinitytsa.co.uk

Phone:
0116 3184066

